



Art Therapy Appeal

Help us make a difference in the healing journey of children and young adults affected by sexual assault.

Why Art Therapy? Often after trauma young children are unable to express themselves using language so instead may best express themselves through art and play. Art therapy is a commonly used method of therapy enabling a child to safely and openly express and process their inner emotions surrounding their trauma, using a variety of creative mediums.

All donations, new items only as listed below are acceptable. These items will then be distributed throughout the CASA (Centre Against Sexual Assault) Centres located throughout Victoria.

Thank you for your support.

- Water colour paints
- Crayola Crayons or Pens
- Children's Craft Scissors
- Glitter
- Games eg snakes and ladders, uno etc
- Kinetic Sand (Magic sand)
- Easels
- Sticker Books
- Frames
- Art Smocks
- Icy pole sticks
- Paint Brushes
- Dry pastels
- Drawing pads
- Play Doh
- Craft boxes
- Craft glue
- Stickers
- Mirrors
- Woodcraft
- Felt

Boxes will be collected Friday 28 July 2017

